

# SUNRISE COMMUNITY FARM CENTER, LLC

## Pony Immersion Schedule Outline

Welcome to Pony Immersion at Sunrise Summer Camps! We are excited to get out on the farm with your camper. Below is an example schedule of our week of summer camp activities, but know that every week is different, and focuses specifically on the fun, memories, and topics your campers encounter.

### **General Pony Immersion Schedule:**

8:00-8:30 am: **Drop Off in the Wood Barn**

8:30-9:00 am: Morning Meeting

9:00-11:00 am Pony Immersion Lesson Time

Monday: *Barn Rules, Safety, Greeting, Grooming, Leading*

Tuesday: *Groundwork & Communication, Manners, Mount/Dismount, Stop & Start*

Wednesday: *Beginning Balance, Tack, Arena Rules/Communication*

Thursday: *Turning, Balancing Techniques, Skills*

Friday: *Overall Practice, Breakdowns & Breakthroughs of Skills*

11:00-12:30 pm Lunch and Pond time for all campers (including a natural water slide, beach, and swimming)

12:30-2:30 pm Elective Class / Activities

Monday: *Groundwork, Pony Behavior Games, Partner with Barn Staff*

Tuesday: *Communication Games*

Wednesday: *Craft Day & Goal-Setting*

Thursday: *Responsible Pony/People Care & Individual Expression*

Friday: *Breakdowns & Breakthroughs of the week, All-farm Activities.*

2:30-3:00 pm Acknowledgements

3:00-3:30 pm **Pick up in the Yard**

3:30-6:00 pm After Care (all campers who stay for after care will be charged after care fees) and Enrichment Classes.

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Thanks for taking an interest in our camp schedule! If you still have questions, reach out to us at (919) 968-8581 or send an email to me at [admin@sunrisefc.com](mailto:admin@sunrisefc.com). See you this summer!

Kind Regards,

Hope

*To teach is to create a space in which the community of truth is practiced.*

Parker Palmer, *The Courage to Teach*

*Hope is a verb with its shirtsleeves rolled up.*

David Orr

**Hope Blanchard**

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