

SUNRISE COMMUNITY FARM CENTER, LLC

Sunrise Camps Packing List

Welcome to Summer Camp at Sunrise Community Farm Center! We are excited to get out on the farm with your camper. Before we jump into fun in the barn, we want to help you get as prepared as possible for camp! Below you will find a packing list, suggested pre-camp checklist, and some other important details.

Packing List - Every Camper should bring...

****Please label everything****

- **Clothes that can (and likely will get dirty).** This is an entirely outdoor camp. Please do not send your participant with pristine clothing unless it is intended to get dirty.
- **Close-toed shoes / boots.** To ride, all participants need to wear close-toed shoes. Tennis shoes, rain boots, or riding boots are recommended. Please, no crocs, no sandals, no open shoes of any kind. The shoe should be secure on the foot and include a small heel.
- **Two full water bottles.** Water refills are available, however, ice is scarce. Please send your camper with labelled, full water bottles to ensure they have adequate water throughout the day.
- **Substantial lunch and at least two snacks.** This is an active, outdoor camp. While we do have snacks available and may occasionally cook our own food, all participants will be hungry and will want to eat well. If your camper is signed up for early or after care, please add additional snacks.
- **Swimsuit, towel, and water shoes or sandals.** During the heat of the day, all participants have the opportunity to play water games or take a dip in our pond! Please keep swimsuits appropriate for camp (we will make them wear a camp shirt if not).
- **sunscreen / bug spray.** Please apply prior to arrival, and send to be reapplied as needed
- ****Horse & Pony Immersion** - Riding gear (if they have their own).** This can include a labelled riding helmet, gloves, crop, saddle pad, and boots. Please do not bring saddles or lots of bulky gear, as our storage areas are small.
- ****Horse & Pony Immersion** - Long pants / Riding pants.** Campers will have the opportunity to change clothes before and after riding. While it is hot and it is summer, long pants will protect your participant's legs from chafe or pinching due to the saddle.

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Packing as necessary for your participant

- A full change of clothes. If your camper likes to get messy, consider sending a full set of clothes to change into in the case of accidental messes.
- Additional safety related or medical items (epinephrine auto injector to be dropped off in the office, noise cancelling headphones if necessary, equipment for enrichment activities, etc.)

PLEASE DO NOT SEND TO THE FARM

- **Weapons / Replicas / Toy Weapons.** For the safety of our campers and staff members, please do not send your camper with pocket knives, toy guns, practice swords, or other weapon-esque paraphernalia.
- **Toys from home / Electronics.** We have many activities for campers which take place totally outdoors or among animals and around water. These activities may result in damage to electronics. We are not responsible for lost or broken items and we highly recommend you keep them at home. Campers may not use personal phones while at camp unless under the direct supervision of a Mentor.
- **Chewing gum or hard candy.** Farm animals may eat this and become ill from consuming it.

Thanks for taking the time to prepare for camp with us! If you still have questions, please reach out to us at (919) 968-8581 or send an email to me at admin@sunrisefc.com. See you this summer!

Kind Regards,

Hope Blanchard

A moment in the mind is worth nine in the fire.

Hope Blanchard

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